

# Elementary Carb Menu

## \*\* Edamame and Fresh Baby Green Salad with Ranch or Italian Dressing offered Daily

May-18  
Friday

Monday		Tuesday		Wednesday		Thursday		Friday			
1		2		3		4					
		Bosco stuffed crust pizza: chs, pep, veg	34-35	Popcorn Chicken, 10 pc	20	Mini beef hot dogs -for 2	40	Apple cinnamon toast	35		
		Cheese, Pepperoni or Veggie	1,2	cheez-its	14	cucumbers	2	turkey sausage	1		
		house salad	3.8	sonoma blend veggies	4	baked beans	29	seasoned potatoe cubes	18		
		green salad, edamame, or carrots	1,10,8	applesauce	14	apple slices	7	ketchup	2		
		apple & grape giggles	10	ketchup, bbq & ranch	2,8,9	mustard & ketchup	0,2	asst juice	15-17		
		applesauce	14	green salad, edamame, or carrots	1,10,8	green salad, edamame, or carrots	1,10,8	Assorted 1% or FF Milks	13		
		Ranch Dressing Cup	9	Ranch or Italian Dressing	9,3	Ranch or Italian Dressing	9,3	green salad, edamame, or carrots	1,10,8		
		Assorted 1% or FF Milks	13	Assorted 1% or FF Milks	13	Assorted 1% or FF Milks	13	Ranch or Italian Dressing	9,3		
		Chocolate Milk	23	Chocolate Milk	23	Chocolate Milk	23	Chocolate Milk	23		
7		8		9		10		11			
	CHO	cheese pizza crunchers	40	Big daddy's pizza	34-36	Boneless wings	10	Italian sub	30	eggo maple waffles	35
						Mozzarella sticks -2, cheez-its	12, 14	Doritos nachos	20	turkey sausage	1
						antipasto salad	4	celery sticks	2	baby carrots	8
						applesauce	14	green salad, edamame, or carrots	1,10,8	ketchup	2
						ranch, bbq & ketchup	9,8,2	Ranch or Italian Dressing	4,1	ketchup, bbq, ranch	2,8,9
						100% Fruit Juice	15	Luigi sorbet	19	green salad, edamame, or carrots	1,10,8
						green salad, edamame, or carrots	1,10,8	applesauce	14	Assorted 1% or FF Milks	13
						Assorted 1% or FF Milks	13	Assorted 1% or FF Milks	13	Chocolate Milk	23
						Chocolate Milk	23	Chocolate Milk	23	Ranch or Italian Dressing	4,1
14		15		16		17		18			
	CHO	chicken nuggets	13	Bosco stuffed crust pizza: chs, pep, veg	34-35	popcorn chicken	20	bosco sticks	32	eggo blueberry pancakes	35
						rice krispy treat	30	Cheese, Pepperoni or Veggie	1,2	Despicable me grahams	21
						baked beans	29	Dominos cheese & pep pizza	29	cheezy green beans, green beans	7,9, 6
						applesauce	14	green salad, edamame, or carrots	1,10,8	banana	27
						ranch, bbq & ketchup	9,8,2	veggie cup	15	ketchup, bbq, ranch	2,8,9
						100% Fruit Juice	15	apple slices	7	green salad, edamame, or carrots	1,10,8
						green salad, edamame, or carrots	1,10,8	Ranch Dressing Cup	9	applesauce	14
						Assorted 1% or FF Milks	13	Assorted 1% or FF Milks	13	Assorted 1% or FF Milks	13
						Chocolate Milk	23	Chocolate Milk	23	Chocolate Milk	23
21		22		23		24		25			
	CHO	rotini w/ meat sauce	24	Big daddy's pizza	34-36	Popcorn chicken	20	Walking taco-Beef taco meat	5	Eggo choc chip french toast	35
						garlic knot	23	Dominos cheese & pep pizza	29	cheez-its	14
						carrots & celery	8	antipasto salad	4	spring blend veggies	5.66
						juice	15-17	green salad, edamame, or carrots	1,10,8	Ranch Dressing & BBQ Cup, italian dressing	9, 8,3
						applesauce	14	Ranch or Italian Dressing	4,1	green salad, edamame, or carrots	1,10,8
						Ranch or Italian Dressing	9,3	apple slices	7	lime sorbet	19
						green salad, edamame, or carrots	1,10,8	applesauce	14	salsa	3
						Assorted 1% or FF Milks	13	Assorted 1% or FF Milks	13	Assorted 1% or FF Milks	13
						Chocolate Milk	23	Chocolate Milk	23	Chocolate Milk	23
28		29		30		31					
	CHO	Closed		personal pizza	35	Popcorn Chicken, 10 pc	20	cheeseburger	23		
				Cheese, Pepperoni or Veggie	1,2	fried rice	54.99	emoji fries	20		
				baby carrots	8	fortune cookie	4	Luigi's sorbet	19		
				green salad, edamame, or carrots	1,10,8	apple slices	7	green salad, edamame, or carrots	1,10,8		
				mixed fruit cup	15	green salad, edamame, or carrots	1,10,8	ketchup & mustard	2, 0		
				apple slices	7	celery sticks	2	Assorted 1% or FF Milks	13		
				Ranch Dressing Cup	9	sweet & sour pc	11	Chocolate Milk	23		
				Assorted 1% or FF Milks	13	Assorted 1% or FF Milks	13				
				Chocolate Milk	23	Chocolate Milk	23				

DISCLAIMER: The following carbohydrate list for the 2017-18 school year is based entirely on information provided by the manufacturers or distributors. Items and products may change.