

High School Menu

May 2017



USDA is equal opportunity provider
Menu Subject to Change



Menu Key:

^P Contains Pork

Look for this symbol to indicate item may include Beans or Legumes

Meal Prices: Includes Milk
Junior High School \$2.90
8 oz. Milk or Fruit Juices \$.45
Breakfast \$1.75

Available Daily:
Fresh Green Salad, Dressing
Garbanzo Beans

Monday		Tuesday		Wednesday		Thursday		Friday																																							
1	<p>Chicken Parmesan Chicken Patty, Penne Pasta w/Marinara & Shredded Mozzarella Cheese</p> <p>Mediterranean Blend Vegetables</p> <p>100% Fruit Juice Assorted Fruit</p>	2	<p>Pasta Build-a-Bowl Chicken - Grilled or Breaded Spaghetti or Penne Pasta</p> <p>Assorted Vegetables</p> <p>Marinara or Alfredo Sauce</p> <p>Luigi's Fruit Sherbet Cup Chilled Fruit</p>	3	<p>Build-A-Mucho Nacho! Shredded Chicken or Chicken Taco Meat Nacho Tortilla Chips Queso Cheese Sauce</p> <p>Assorted Veggie Toppings</p> <p>Craisins Chilled Fruit Luigi's Fruit Sherbet Cup, if available</p>	4	<p>BBQ Beef Rib Patty on a Bakery Bun</p> <p>Roasted Sweet Potato Boats</p> <p>100% Fruit Juice Chilled Fruit</p>	5	<p>2 pc. Chicken Tender Sub Assorted Toppings Potato Spudsters The "Fresh Green Salad" Romaine & Spinach Blend</p> <p>Garbanzo Beans Ranch or Italian Dressing</p> <p>Assorted Fruit Choice (2)</p>	8	<p>Asian Chicken Noodle Bowl Popcorn Chicken (10)</p> <p>Asian Vegetables, Noodle Mix & Teriyaki Sauce Parisian Carrots Fortune Cookie</p> <p>Diced Peaches Chilled Fruit</p>	9	<p>Asian Build-a-Bowl Chicken - Grilled or Breaded Rice or Noodles</p> <p>Assorted Vegetables Assorted Sauces</p> <p>Fresh Banana Chilled Fruit</p>	10	<p>Build-A-Mucho Nacho! Shredded Chicken or Chicken Taco Meat Nacho Tortilla Chips Queso Cheese Sauce</p> <p>Assorted Veggie Toppings</p> <p>Chilled Fruit (2) Banana, if available</p>	11	<p>6 pc. Boneless Chicken Wings Roasted Baby Bakers The "Fresh Green Salad" Romaine & Spinach Blend</p> <p>Garbanzo Beans Ranch or Italian Dressing</p> <p>Blueberry Elfin Loaf</p> <p>Assorted Fruit Choice (2)</p>	12	<p>Chicken Shawarma Sandwich Tator Tots The "Fresh Green Salad" Romaine & Spinach Blend</p> <p>Garbanzo Beans Ranch or Italian Dressing</p> <p>Pineapple Cup Chilled Fruit</p>	15	<p>Baked Macaroni and Cheese Sonoma Blend Vegetables</p> <p>The "Fresh Green Salad" Romaine & Spinach Blend Garbanzo Beans</p> <p>Ranch or Italian Dressing Assorted Bread Choice</p> <p>Mixed Berry Lemon Swirl Chilled Fruit</p>	16	<p>Southwest Build-a-Bowl Chicken Fajita or Seasoned Beef Cilantro Rice</p> <p>Assorted Vegetables & Fajita Vegetables Nacho Chips or 2 Tortilla Wraps Assorted Sauces</p> <p>SideKicks Fruit Slushie Chilled Fruit</p>	17	<p>Build-A-Mucho Nacho! Shredded Chicken or Chicken Taco Meat Nacho Tortilla Chips Queso Cheese Sauce</p> <p>Assorted Veggie Toppings</p> <p>Pineapple Cup Chilled Fruit SideKicks Fruit Slushie, if available</p>	18	<p>Buy 1 Get 1 Free Hot Dog w/Bun</p> <p>Assorted Potatoes Cole Slaw</p> <p>Fruit Mix Chilled Fruit</p>	19	<p>Mashed Potato Bowl with Popcorn Chicken (10), Corn, & Gravy</p> <p>Cut Green Beans Assorted Bread Choice</p> <p>Fruit Mix Assorted Fruit Choice</p>	22	<p>Hearty Southwest Fiesta Bake Tortilla Chips Mild Salsa</p> <p>Sante Fe Blend Vegetables</p> <p>Amazin' Strawberry Raisins Fruit Mix</p>	23	<p>Asian Build-a-Bowl Chicken - Grilled or Breaded Rice or Noodles</p> <p>Assorted Vegetables Assorted Sauces</p> <p>Fresh Banana Chilled Fruit</p>	24	<p>Build-A-Mucho Nacho! Shredded Chicken or Chicken Taco Meat Nacho Tortilla Chips Queso Cheese Sauce</p> <p>Assorted Veggie Toppings</p> <p>Apple Pie Chilled Fruit</p>	25	<p>Chicken Alfredo Chicken Fajita Strips w/Penne Pasta & Alfredo Sauce Broccoli Cuts</p> <p>Chocolate Chip Muffin</p> <p>Chilled Fruit (2)</p>	26	<p>No School!</p>	29		30	<p>Comfort Build-a-Bowl 6 pc. Boneless Chicken Wings, Breaded - Original or Spicy Mac & Cheese or Mashed Potatoes/Gravy</p> <p>Green Beans or Corn Biscuit</p> <p>Fresh Apple Wedges Assorted Fruit Choice</p>	31	<p>Build-A-Mucho Nacho! Shredded Chicken or Chicken Taco Meat Nacho Tortilla Chips Queso Cheese Sauce</p> <p>Assorted Veggie Toppings</p> <p>Chilled Fruit (2) Fresh Apple Wedges, if available</p>	<p>Utica Community Schools Food and Nutrition Services foodservice@uticak12.org 586-797-1180</p>	
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