



Start Time Advisory Committee





UCS Vision / Mission

Our Vision: All children have the right to a rigorous, high-quality education which meets their individual needs. UCS will respect, encourage and empower each and every student to acquire the necessary knowledge, skills and attitudes to be successful, contributing members of a diverse community and global society.

Our Mission: We are committed to exemplary teaching and learning in order for our students to be prepared for success in the 21st Century.

We will achieve this commitment by engaging the entire community to focus on each child's achievement, with the expectation that every student will pursue some type of post-high school educational endeavor.





School Start Time Advisory Committee

- **Parents**
- **Administrators**
- **Teachers**
- **Union Leadership**
- **Transportation**
- **Business**
- **Human Resources**
- **Athletics**
- **Community Education**





Meeting Schedule

- **April 18, 2019 7:00 p.m.**
- **May 21, 2019 7:00 p.m.**
- **June 20, 2019 7:00 p.m.**





School Start Time Advisory Committee Charge

- **To review the research findings regarding adolescent biorhythms and school success;**
- **To review the experiences of other school districts that have adopted later start and dismissal times or considered doing so but did not;**
- **To identify the implications of later start times and dismissal times for high school programming and activities and for school and district operations;**
- **To implement outreach strategies to gather the thinking of school and community stakeholder groups;**






School Start Time Advisory Committee Charge

- **To consider the potential benefits to students, the input received, and the implications of later start and dismissal times;**
- **To determine whether there are feasible solutions to enact later start and dismissal times for secondary schools; and**
- **To submit findings and recommendations to the superintendent for consideration.**





Study Phases

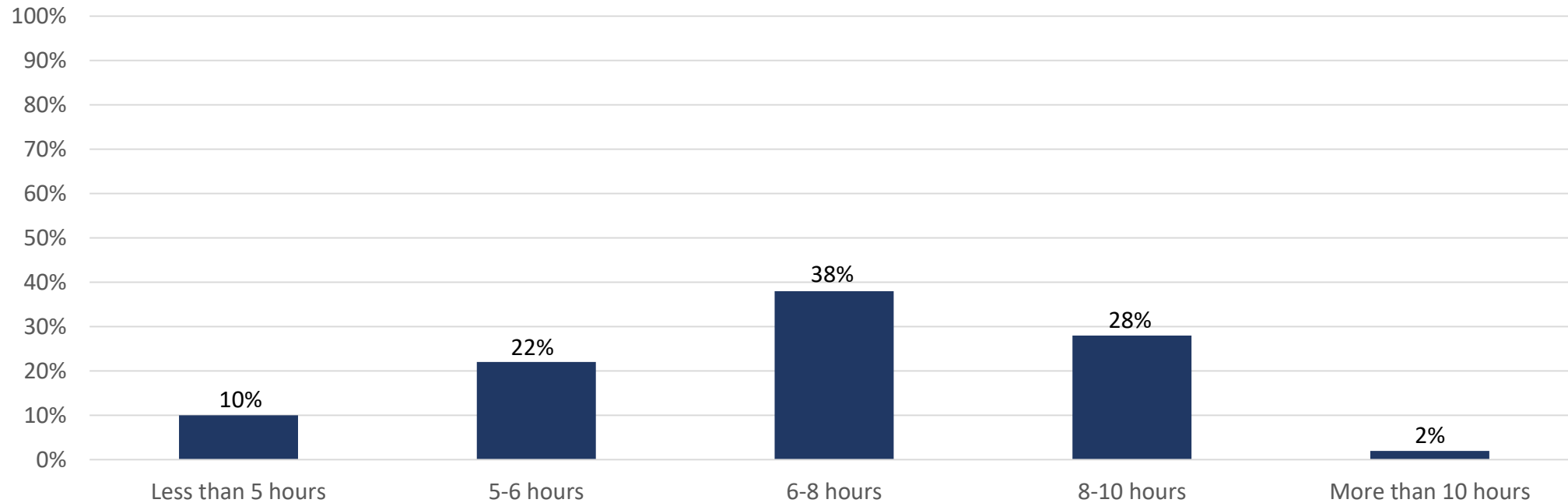
- ✓ **Information gathering**
 - **Review research, other district experiences, transportation implications, operational issues, school and community programs, etc...**
- ✓ **Conduct outreach and gather input/feedback**
 - **Partnering with Hanover Research** 
- ✓ **Consider/develop recommendations**





Community Survey: Student Sleep and Homework

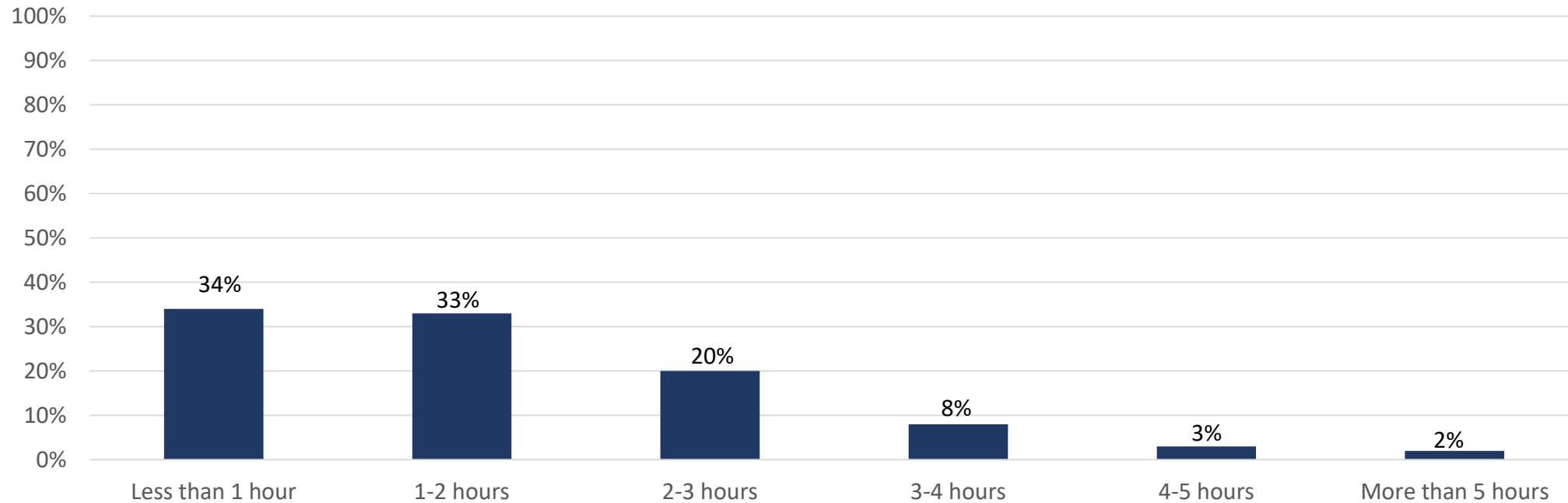
On a typical school day, what is the average number of hours you (or your child) sleep at night?





Community Survey: Student Commitments

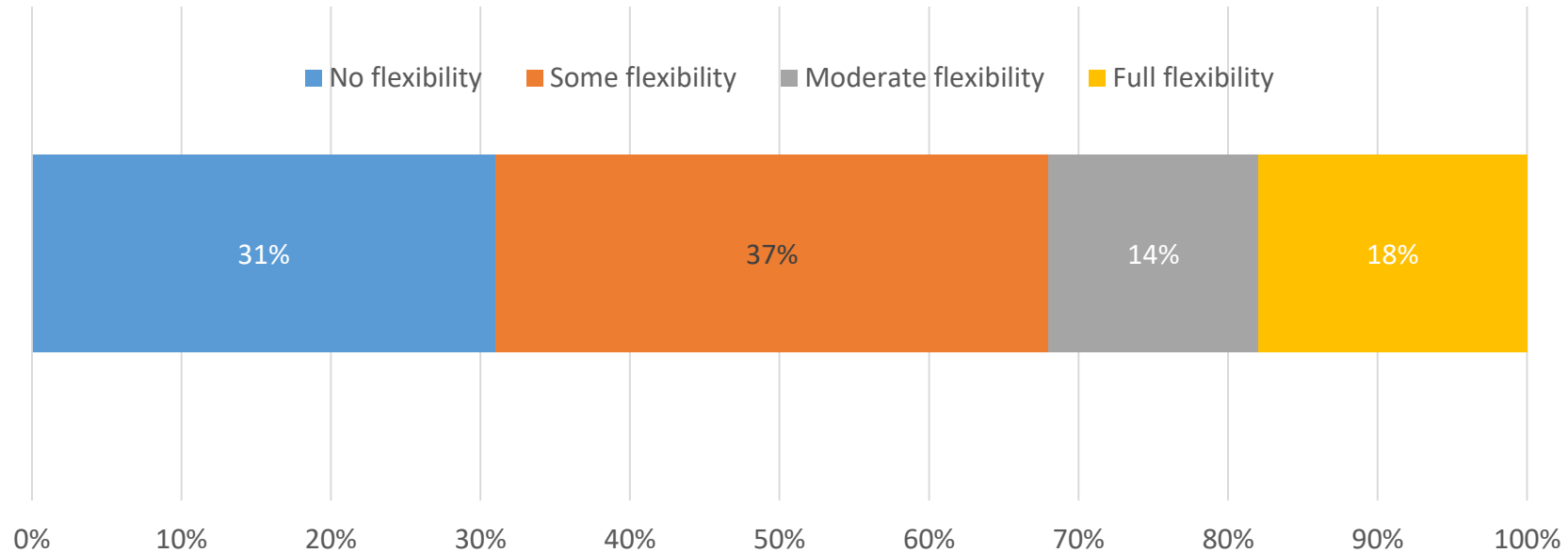
On a typical school day, how many hours do you (or your child) spend participating in after-school activities (e.g., athletics, clubs)?





Community Survey: Schedule Flexibility for Parents

In your family, do the parent(s)/guardian(s) have any flexibility to change work schedules in response to changing school or activity times for children?





Community Survey: Staff Schedules

Many staff report not being concerned about traffic during their morning (48%) and evening commute (46%).

22 percent of staff are Extremely or Moderately concerned about their morning commute.

29 percent of staff are Extremely or Moderately concerned about their evening commute.





Community Survey: Overall Satisfaction with School Schedules

Elementary School (55%)
respondents significantly prefer
keeping the schedule the same as
compared to **Junior High (35%)** or
High School (46%) respondents.

Significantly more parents (52%) and staff (50%) indicate wanting to keep the schedule the same than **students (36%)** do.

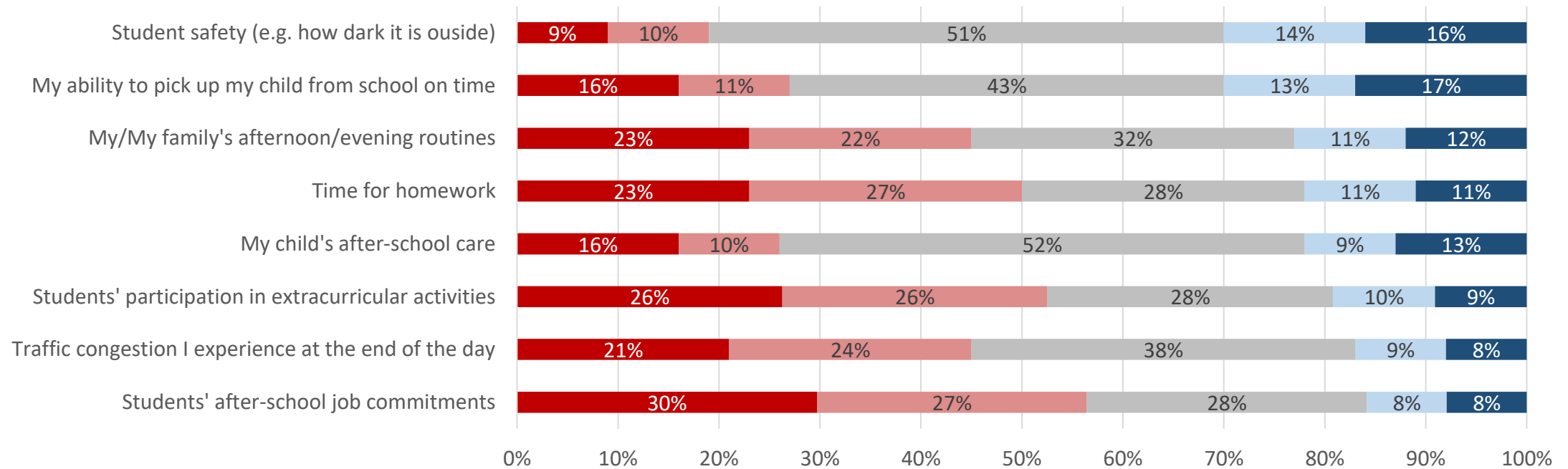




Community Survey: Perceptions of Impact of Later Start and End Times

What impact would a later school end time (e.g., high school ends at 3:14 PM instead of 2:14 PM) have on the following?

■ Very negative
 ■ Somewhat negative
 ■ Neither positive or negative
 ■ Somewhat positive
 ■ Very positive





What are some the other implications that might surface when we engage the community around later start times for teens

- **SACC and working parents**
- **More missed-class time because of athletics and shorter warm up time before contests**
- **Shortage of bus drivers**
- **Potential need for more buses**
- **Potential impact on working students**
- **Potential impact on parent work schedule and before or after school supervision of younger children**
- **Potential impact on traffic during employees later commute and athletic buses getting to events**
- **Potential impact on national test days (like Advanced Placement)**
- **Potential impact on community use of facilities**
- **Traveling teachers/specialists at multiple levels**
- **Potential impact on elementary schools if earlier start for secondary schools**
- **Other?**





2018-19 UCS School Start and Dismissal Times

Current Bell Schedules

Elementary: 8:25 a.m. - 3:15 p.m.

9:00 a.m. - 3:50 p.m.

Junior High: 8:10 a.m. - 3:01 p.m.

Senior High: 7:20 a.m. - 2:14 p.m.

Specialty programs have different schedules to be considered.





Next Steps

Considerations for developing a recommendation:

- 1. Secondaries would not start before 8:00 a.m.**
- 2. A change for school start times should be cost neutral**

