At the first School Start Times Advisory Committee meeting, Assistant Superintendent of Teaching and Learning, Robert Monroe welcomed committee members and thanked everyone for their time to help with this important work. Committee members then introduced themselves and shared their interests about serving on the committee. The District's vision and mission were shared with the committee. The committee charge was presented to the committee, along with a brief history of how this topic had emerged and has received direction from the Superintendent and Board of Education to examine the issue. Group norms for the committee work were established, as well as the decision-making process for any recommendations. The meeting schedule was reviewed, and information shared about process. Phase I will be information gathering, including articles of research and a summary of the community engagement survey. Phase II will be primarily focused on gathering input/feedback on options. Phase III will be to give considerations of a final recommendation to Superintendent.

The importance of a consistent committee communication was discussed, along with the transparency that the UCS website will provide for all the work and resources so that interested community members can follow along with the process. Current UCS school start times were reviewed briefly, and the meeting wrapped up with a review and small group discussion of some challenges and possibilities of our current schedules at the secondary level.