



School Start Time Advisory Committee

April 18, 2019

Welcome and Introductions





UCS Vision / Mission

Our Vision: All children have the right to a rigorous, high-quality education which meets their individual needs. UCS will respect, encourage and empower each and every student to acquire the necessary knowledge, skills and attitudes to be successful, contributing members of a diverse community and global society.

Our Mission: We are committed to exemplary teaching and learning in order for our students to be prepared for success in the 21st Century.

We will achieve this commitment by engaging the entire community to focus on each child's achievement, with the expectation that every student will pursue some type of post-high school educational endeavor.





School Start Time Advisory Committee

- **Parents**
- **Administrators**
- **Teachers**
- **UEA and TPOAM Leadership**
- **Transportation**
- **Business**
- **Human Resources**
- **Athletics**
- **Community Education**





Agenda

- **Welcome**
- **Introductions**
- **School Start Time Advisory Committee Charge**
- **Committee Communication**
- **Review current start and dismissal times**
- **What does the research support for later school start times?**
- **Closing comments**





School Start Time Advisory Committee Charge

- **To review the research findings regarding adolescent biorhythms and school success;**
- **To review the experiences of other school districts that have adopted later start and dismissal times or considered doing so but did not;**
- **To identify the implications of later start times and dismissal times for high school programming and activities and for school and district operations;**
- **To implement outreach strategies to gather the thinking of school and community stakeholder groups;**
- **To consider the potential benefits to students, the input received, and the implications of later start and dismissal times;**
- **To determine whether there are feasible solutions to enact later start and dismissal times for secondary schools; and**
- **To submit findings and recommendations to the superintendent for consideration.**





Group Norms

- **Try to attend all sessions, start and finish on time**
- **Listen to and show respect for the views of others**
 - **Confront issues – not people**
 - **Listen respectfully – avoid cross talk**
 - **All committee members are provided an opportunity to be heard**
- **Ask clarifying questions to understand others' point of view**
- **Treat others in a professional and respectful manner**
- **Be clear and consistent about messages that are shared with the staff, parents and community**





Decision Making Model Recommendation



I can embrace and support the decision



I can support the idea with some reservations (Will be provided another opportunity to share thinking)




I cannot support the decision (Will be provided another opportunity to share thinking)





Study Phases

- **Information gathering**
- **research, other district experiences, transportation implications, operational issues, school and community programs, etc...**
- **Conduct outreach and Gather input/feedback**
- **Partnering with Hanover Research** 
- **Consider/develop recommendations**





School Start Time Action Committee Communications

Tim McAvoy

Director of School/Community Relations

- **Web site**
- **E-News**
- **Surveys**
- **Informational meeting(s)**





2018-19 UCS School Start and Dismissal Times

Bell Schedules

Elementary: **8:25 a.m. - 3:15 p.m.**
 9:00 a.m. - 3:50 p.m.

Junior High: **8:10 a.m. - 3:01 p.m.**

Senior High: **7:20 a.m. - 2:14 p.m.**

Specialty programs have different schedules to be considered.





Small Group Activity

- **What are you noticing and wondering related to school start times?**
- **Please use the note cards provided and return to the facilitator.**

