Assistant Superintendent for Teaching and Learning, Robert Monroe welcomed committee members and thanked everyone for their attendance to the last meeting of the Start Time Advisory Committee before the summer recess. He informed the group that this meeting is about setting the parameters for the formation of proposals to submit to the superintendent for review and consideration prior to being recommended to the Board of Education. Mr. Monroe stated that all members should feel comfortable with voicing their questions, comments, concerns, and recommendations. A review of the agenda items led to a quick recap of the group norms, followed by the District’s visions and mission, committee charge, and decision-making model.

The three phases of the study process were reviewed: information gathering, conducting research and gathering stakeholder input, and the final phase of developing recommendations. Mr. Monroe apprised the committee that they are now at the point of considering and developing recommendations with a target completion date no later than November 2019.

Questions from the May 21st meeting were discussed resulting in the conclusion that a connection needs to be made between the research presented on school start time changes and the mission and vision of the school district. With that in mind, sub-committees will work over the summer to bring back a review of transportation, athletics, and after-school childcare programs to the Advisory for review and the potential models that could be considered.

The committee reviewed sections of the “School Start Time Change: An In-Depth Examination of School Districts in the United States” by The Children’s National Medical Center’s Blueprint for Change Team. Discussion ensued in break-out groups on the top ranked concerns, perceived benefits and costs, lessons learned, and the National School Start Time Survey. Whole group discussion of key findings specifically relatable to our district followed. Extra curriculars, athletics, childcare, and parents were among the standouts. Not on the list, that the group felt was a top ranked concern, was potential cost in transportation.

Small group discussion on the goals to be considered for the development of the proposals took place followed by whole group discussion. Mr. Monroe reminded the committee that goals need to be broad so that work can take place. Lisa Keys, Director of Transportation, spoke on the current UCS transportation situation which enlightened many committee members. A “thumbs-up” by the committee was given on the subgroups keeping two goals in mind: Proposed new start times for all schools should not start before 8:00 a.m. and that any recommendations or changes made will be cost neutral.

Mr. Monroe urged the committee member to send a further recommendation to him for further consideration of goal setting for the Advisory.

Next meeting: Late September, date is to be determined.